

# Our Whole Lives Sexuality Education for 4-6<sup>th</sup> Graders

Parents are children's primary teachers, and OWL is here to help! The 4<sup>th</sup> to 6<sup>th</sup> grade curriculum helps children learn about and discuss the physical, emotional changes, and social changes of puberty. Parents and caregivers can be actively involved in the exploration of growing older, values, communication and decision making. These skills and values help prepare youth to make healthy choices for life.

## **Our Whole Lives (OWL) values:**

- Respect
- Relationship
- Responsibility

OWL models and teaches caring, compassion, respect, and justice. It helps children in Grades 4-6 understand the physical and emotional changes of puberty. Participants explore values, communication and decision making, as well as physical health and development. A Word Bank reinforces new terms and definitions related to sexuality and puberty. Participants are guided by trained facilitators through an engaging curriculum that addresses topics most important to youth of this age.

## Workshop Titles

Parent/Caregiver and Child Orientation

Sexuality and Values

Images in Popular Culture

Body Image

Changes in Puberty

Gender

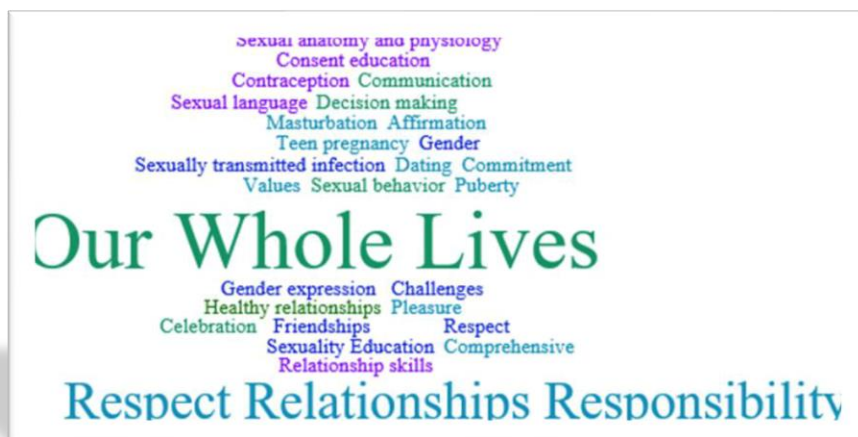
Feelings and Attractions

Reproduction and Staying Healthy

Decisions and Actions

Consent and Peer Pressure

Healthy Relationships



## 4-6<sup>th</sup> Grade Schedule

### Sept 25 to Dec 11

- Sunday afternoons
- 12:30 – 2:00 pm

### No Classes:

- Oct. 16
- Nov. 27

### Program Orientation\*

- Sept 25
- 12:30-2:45pm

\*at least one parent/guardian is required to attend the Parent Orientation.

### Cost

\$85.00 per student

### Discounts

- \$10 discount for Baja 4 members
- \$20 discount for the second child
- \$20 discount for any family who was enrolled in OWL in Spring 2020

\*\*Scholarships are available! Please ask!\*\*

### Location

Unitarian Universalist  
Church of Tucson  
4831 East 22nd Street  
Tucson, AZ 85711

### Questions?

OwlatUUCT1@gmail.com



*Unitarian Universalist  
Church of Tucson*

Here at Unitarian Universalist Church of Tucson (UUCT), we are very excited about the upcoming OWL season! Interest in our program from the greater Tucson community reminds us of the importance of high-quality comprehensive sexuality education. OWL is a comprehensive sexuality program that teaches much more than just “sex ed.”

Register soon! Class sizes are limited to 15 students in order to maintain a productive and safe environment.

### Parent Orientation and Signatures

\*At least one parent or guardian is required to attend the parent orientation in order for a child to take the class. All adults with legal custody of a child/youth (such as parents, guardians, etc) are required to fill out the disclosures on the registration form.

### To Register

There are several ways to register:

1. Online registration:  
<https://tinyurl.com/4to6OWL2022>
2. Via email. Contact us at [owlatUUCT1@gmail.com](mailto:owlatUUCT1@gmail.com) to receive a word/pdf document to print and return.
3. On our website <https://uuctucson.org/education/our-whole-lives-owl.html>. Download the word/pdf document to print and return.

### Payment

We can accept

1. Checks (made out to UUCT with OWL in the memo)
2. Credit Card payment at [UUCTucson.org/Donate](https://UUCTucson.org/Donate). Select “OWL Payment”.

